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| Variable Name | Description | Details |
| Animal | Animal name | Character [string] |
| Body | Body weight | Numeric [kg] |
| Brain | Brain weight | Numeric [g] |
| SWsleep | Slow wave (“non-dreaming”) sleep | Numeric [hours] |
| Parasleep | Paradoxical (“dreaming”) sleep | Numeric [hours] |
| Totsleep | Total sleep | Numeric [hours] |
| Life | Maximum life expectancy | Numeric [years] |
| Gest | Gestation time | Numeric [days] |
| Pred | Predation index | Numeric [1 – 5] 1 = least likely to be preyed upon, 5 = most likely to be preyed upon |
| Exposure | Sleep exposure index | Numeric [1 – 5] 1 = least amount of exposure during sleep (mammal sleeps indoors or in a den), 5 = most amount of exposure during sleep |
| Danger | Overall danger index | Numeric [ 1 – 5] 1 = least amount of danger from other animals, 5 = most amount of danger from other animals |